













## Could this be sustainable construction?

- The ways in which built structures are procured and erected, used and operated, maintained and repaired, modernised and rehabilitated, and finally dismantled (and reused) or demolished (and recycled), constitute the complete cycle of sustainable construction activities.
- Minimise the use of materials, energy and water and mobility. (factor 4/10; NL: factor 20; Passive House, Zero Energy House etc)
- Building products should, as far as possible, be **reusable** and materials **recyclable**. Design for **long service life** (and durability) is superior to design for reusability. Reusability is superior to recycling, and recycling is superior to waste disposal.
- In sustainable construction, reusability and ease of changeability are necessary product properties, in particular for modular products and systems with different service lives.





# What are LCA and LCC? (2) ISO Standards

- Derived from ISO 14040: In the Construction and Real Estate Cluster CREC, environmental life cycle assessment - LCA is for assessing the total environmental impact associated with a product's manufacture, use and disposal and with all actions in relation to the construction and use of a building or another constructed asset. LCA does not address economic or societal aspects!
- Derived from ISO 15686\*: In CREC, Life cycle costing LCC is a technique which enables comparative cost assessments to be made over a period of analysis, taking into account all relevant economic factors both in terms of initial capital costs and future operating costs less residual value. It can be defined as the net present value - NPV of the total costs of an asset over the period of analysis.

\*ISO 15686-5 (2008) Buildings and constructed assets – Service life planning - Life cycle costing: life-cycle costing = methodology for systematic economic evaluation of life-cycle costs over a period of analysis.







# What are LCA and LCC? (6) How to calculate LCC = NPV (1)

#### How to calculate NPV

- The Net Present Value NPV procedure reduces a series of cash flows which occur at different times in the future to a single value at one point in time, the present. The technique which makes this transformation possible is called discounting. LCC is calculated as NPV of the accumulated future costs (C) over a period of analysis (t), eg 25 years (N), at an agreed discount rate (d), eg 2% (d =0.02) pa dependant on prevailing interest and inflation rates.
- NPV is calculated according to the following formula, and can be done with eg MS Excel (up to 29 years easily...).

$$NPV = \sum_{t=0}^{N} \frac{C_t}{(1+d)^t}$$

It proved very difficult to get this fundamental formula into the standard. Yet, it is there now (but they changed the marking).

## What are LCA and LCC? (7) How to calculate LCC = NPV (2)

#### Which discount rate?

- NPV can be calculated using **nominal** costs and discount rate based on projected actual future costs to be paid, including general inflation or deflation, and on projected actual future interest rates. Nominal costs are generally appropriate for preparing financial budgets, where the actual monetary amounts are required to ensure that actual amounts are available for payment at the time when they occur.
- NPV can be calculated also using **real** costs and discount rate, ie present costs (including forecast changes in efficiency and technology, but excluding general inflation or deflation) and real discount rate (d<sub>real</sub>), which is calculated according to the following formula, where (i) = interest rate and (a) = general inflation (or deflation) rate, all in absolute values pa.

$$d_{real} = \frac{1+i}{1+a} - 1$$

























## TOTAL LCC AND SUSTAINABLE CONSTRUCTION

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#### ABSTRACT

To support sustainability in the Construction and Real Estate Cluster - CREC, this paper describes the ongoing development towards Total LCC to cover not only the initial capital and direct future costs of a building or other constructed assets but also externalities and intangibles (occupational, locational, environmental and societal costs). In particular occupational factors are discussed covering indoor environment, climate and air.

Keywords: Sustainable; LCC; Occupational indoor factors

#### **1 SUSTAINABLE CONSTRUCTION IS IMPORTANT**

In Finland construction represents 11% of GDP (or 14% if repairs & renovation are counted in). CREC represents 26% of the same GDP. In the EU the percentages are more or less the same.



Figure 1. CREC, year 2008 Finland (source VTT)

Buildings consume 40% of total energy and account for 30% of CO<sub>2</sub> emissions, thus environmentally alone, CREC's sustainability is most important for whole society!

### 2 WHAT ARE LCC AND LCA

Derived from ISO 14040: In CREC, environmental life cycle assessment - LCA is for assessing the total environmental impact associated with a product's manufacture, use and disposal and with all actions in relation to the construction and use of a building or another constructed asset. LCA does not address economic or societal aspects!

Derived from ISO 15686: In CREC, life cycle costing - LCC is a technique which enables comparative cost assessments to be made over a period of analysis, taking into account all relevant economic factors both in terms of initial capital costs and future operating costs

less residual value. It can be defined as the net present value (NPV) of the total costs of an asset over the period of analysis.

In 2001, a task group TG4 (OT a member) was established by the EC DG Enterprise to "Draw up recommendations and guidelines on Life Cycle Costs - LCC of construction aimed at improving the sustainability of the built environment". The group tried to find models for practical application of sustainable construction based on present value – PV of economic and environmental factors. Societal factors (social, cultural, ethical etc) were unfortunately left out. The final report *Life cycle costs in Construction* [1] was approved late 2003 in a tripartite meeting in Brussels, comprising representatives from the Commission, member states and industry (OT a member). The paper, supposedly distributed to all member states, makes seven recommendations to advance the use of LCC.

This work was continued by Davis Langdon Ltd contracted by the DG Enterprise; their report *Life cycle costing (LCC) as a contribution to sustainable construction: a common methodology* [2] came out in 2007 (also here OT was a contributor).

These reports leave, however, one important point unsolved: how to solve a formula of Total = LCC (money) + environmental LCA (scoring points). It is possible to calculate 3 apples + 2 oranges = 5 fruits, but 3 euros + 2 points = nil. Some trials made by using generic software for multi-criteria decision making (eg *Logical Decisions 6.0*) proved not to be successful.

### **3** TOTAL LCC – THE ULTIMATE SOLUTION

To advance sustainable construction, we should be able to calculate LCC+LCA, ie money plus points! To overcome this problem, I try to look at it purely arithmetically. In the book *Construction Can!* [3] published by arrangement of ENCORD<sup>1</sup> in 1998, I introduced a fresh approach to LCC to cover not only the initial capital and direct future costs of a building or other constructed assets but also **externalities** and **intangibles** (occupational, locational, environmental and societal impacts), as shown in the figure below.



Figure 2. Total LCC – monetarising all impacts

<sup>1</sup> ENCORD - European Network of Construction Companies for Research and Development

To put it simply, **Total LCC** just tries to convert all various LCA impacts to money, EUR or USD. After this monetarisation everything can be calculated mathematically as Total LCC = NPV of all effective costs (C), over a period of analysis (t), eg 25 years (N), at an agreed discount rate, eg 2% pa (d=0.02):

$$NPV = \sum_{t=0}^{N} \frac{C_t}{(1+d)^t}$$

With support of my contribution this idea was already incorporated in the standard *ISO 15686-5 Life cycle costing* [4] approved in April 2008, as quoted in the following:

6.5 Sustainable construction: The objective of service-life planning should generally be to allow decision makers to include technical, environmental, economic and social (read: societal) aspects, all within a long-term context, in their decision making. LCC analysis is a technique that should form part of an overall aim to balance the objectives of sustainable construction.

6.2 Externalities: Life cycle costing can help to ensure an optimized approach to asset selection, maintenance and use. However, judgments made on the basis of investment returns can be based purely on market efficiency, and can fail to recognize the wider implications economic decisions have on society. Market prices for construction might not value the social, environmental or business costs or benefits of production and consumption.

6.6 Intangibles: Intangibles arise as a result of improvements in a constructed asset that can be difficult to quantify. These improvements can affect the user's comfort, amenity and efficiency, which can lead to increased satisfaction and efficiency, with associated financial implications (e.g. improvement in morale leading to reductions in absence through stress).

Also, CEN/TC350 is working on *prEN 15643-4 Sustainability of construction works* - *Sustainability assessment of buildings*. Their brand new draft *prEN 15643-4:2010* - *Framework for the assessment of economic performance* [5] is dealing with the subject, yet with a conventional approach.

## 3.1 NPV - Occupation

Occupational factors refer to usability, ie indoor environment, climate and air related to health, comfort, productivity, safety and security of the building (eg office), as briefly listed below:

- Hygrothermal performance: air temperature, thermal radiation, air velocity and relative humidity
- Air quality
- Acoustical performance: external and internal noise
- Visual performance: natural and artificial lighting (luminance, glare), internal and external contacts
- Design

- Ergonomics
- Tactile performance
- Accessibility
- Structural, fire etc safety
- Security against intruders, utility supply interruptions etc

It is here important to realise the relationship of different accumulated costs for an office building with eg 30-year ownership:

## 1:5:200

- 1 = acquisition
- 5 = building operating and maintenance (see 2.1 above)
- 200 = business operational costs
  ⇒ here the biggest benefits are easiest to achieve through better comfort and productivity ⇒ good indoor environment/climate/air.

Example Finland – calculated as per Productive office 20050 [6]:

High office temperatures: 1 person per room; work value 50kEUR/a:

Before: Temp max = 32.7C; 890Ch >25C [optimal 21...25C = reference temp; productivity loss percentage = 2\*(t-25)%] Productivity loss = 330EUR/a Improvement: Centralised cooling 20W/m2, usage increased 10  $\Rightarrow$ 24h/d Investment: 316EUR/room; annual cost = 35EUR/a Increased energy cost: 68EUR/a After: Temp.max = 27.3C; 51Ch >25C Productivity loss = 19EUR/a Improved productivity: 311EUR/a (=0.6%\*50kEUR/a) Beneficial return: 208EUR/a (= 311-68-35)

⇒ Occupational impact monetarised, and improvement proved to be profitable! Then NPV over the period of analysis is easy to calculate.

To study the occupational factors, an assessment was made in Intentia HQ, Keilaranta 5 Espoo. There a *Post Occupancy Evaluation – POE* was performed utilising the BUS method from the UK, licensed by Villa Real; report [7] is available free of charge in our online bookshop at <u>www.villareal.fi/</u>.

The POE proved that Intentia HQ is an excellent working place; it achieved a rating "very good" and a very high scoring compared against the accumulated international benchmarks. In the following two graphics some results are shown:



Figure 3. Productivity perceived



Figure 4. Temperature in summer; AC problem!

A value of different improvements proposed by this evaluation can be easily calculated via Total LCC approach as NPV over the period of analysis. Through monetarisation the positive results can be seen at the bottom line of the company's financial statements.

#### 3.2 CEN/TC 350: Framework for the assessment of social performance

In the ongoing work programme of CEN/TC350 new standards on sustainable construction are being developed. In their latest draft *prEN 15643 Sustainability of Construction Works* - *Assessment of Buildings* sustainability is defined as ability of system to be maintained for the present and future generations. This suite of standards is concentrating in the "three pillars of sustainability" ie various impacts and aspects on environmental, social and economic domains.

The brand new draft *prEN 15643-3:2010 – Framework for the assessment of social performance* [8] actually tries to cover the above occupational factors. At the same time it tries to cover "loadings for neighbourhood", ie impact on surroundings and society as a whole. Yet, several occupational factors are missing, and most factors for societal impacts are left for future development. Also, the calculation methods to assess the social performance are left for the future.

#### 3.3 Regulatory framework

It is good to realise that as an EU member state, Finland must comply with the generic EU administrative structure and procedures. For various CREC regulations the order is as follows:

- EU Directive ⇒
- CEN Standards: mostly in accordance with ISO standards ⇒
- National regulations: must comply with the above  $\Rightarrow$
- Voluntary Evaluation/Assessment/Calculation methods (such as LEED, BREEAM, PromisE, FC Environ etc for sustainable construction): must comply with the above

### 4 Conclusions

Where we are today:

- Acquisition capital costs govern.
- LCC is up and coming, today mainly for future energy costs.
- Total LCC gives valid answers easy to understand to support sustainable construction.
- Total LCC gives a tool to make the impact of indoor environment/climate/air for better productivity easier to calculate.
- I am confident that **eventually the Total LCC will be taken to use in the EU**. It was already initially approved in 2001 by the task group TG4 of the EC DG Enterprise!

Total LCC is to be concluded in my doctoral dissertation now in its finalisation stage under prof Juhani KIIRAS, HUT/Aalto University.

Updated information, related publications plus some EU documents mentioned are available at <u>http://www.villareal.fi</u> and our easy/instant/secure online bookshop <u>https://onlinebookshop.villareal.fi</u>, all free of charge.

## References

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